

**EU Declaration of Conformity
Wired Tactile v1:**



Name and address of manufacturer or authorised representative.

Bilateral Base Limited

Unit 12 Level 4, New England House, Brighton, BN1 4GH, UK

The object of the declaration described above is in conformity with relevant statutory requirements:

Hereby, Bilateral Base Limited declares that the product is in compliance with EN 61000-6-3, EN 61000-6-1, IEC 62368-1 3rd edition & ROHS 2012 (SI 2012 No.3032).

More information at <http://www.bilateralbase.com/DoC>

**UK Declaration of Conformity
Wired Tactile v1:**



Name and address of manufacturer or authorised representative.

Bilateral Base Limited, Unit 12 Level 4, New England House, Brighton, BN1 4GH, UK

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**FCC Statement: Wired Tactile v1
Regulatory Compliance:**



This device is compliant with Part 15 of the Federal Communications Commission (FCC) Rules. Operation is permitted under the following conditions: The device shall not cause harmful interference. The device must accept any interference received, including that which may cause undesired operation.

Modification Warning:

Modifications or alterations to this device not expressly approved by the party responsible for compliance may void the user's authority to operate the equipment.

Radio Frequency (RF) Emissions:

This equipment has been tested and found to comply with the limits for a Class B digital device, as defined in Part 15 of the FCC Rules. These limits are established to provide reasonable protection against harmful interference in a residential setting.

However, the operation of this device may generate, use, and radiate radio frequency energy. Improper installation or use may cause harmful interference to radio or television reception. This can be determined by turning the equipment on and off and observing the effect on affected devices.

If this equipment does cause such interference, users are encouraged to attempt corrective measures, such as: Reorienting or relocating the receiving antenna of the affected device. Increasing the separation distance between the equipment and the affected device. Connecting the equipment to a power outlet on a different circuit from the affected device. Consulting the dealer or a qualified radio or television technician for assistance. It is important to note that no guarantee exists that interference will not occur in a particular installation.



Tactile Tappers

The Tactile Tappers are intended to be used for bilateral stimulation (BLS), usually as part of EMDR therapy.

The Tappers are suitable for online and in-person EMDR therapy.

The Tappers are designed for use with Bilateral Base's Online EMDR Platform and must be connected to a USB port on a compatible device.

What's included in the box?

- 1 x pair of Tactile Tappers
- USB-A to Micro USB Cable
- USB-C to USB-A Adaptor
- Protective cloth bag
- This manual

Device Minimum Requirements:

- Compatible with Windows-PC, Mac & Android Tablets/Phones
- Browsers - Google Chrome or Microsoft Edge (version 79+)
- Not compatible with Apple iPad/iPhone

Safety Information:

- Exposure to water will damage the Tappers. They are not designed to be waterproof in any way. Only use them in dry environments.
- If you experience any adverse reaction through using this device, stop using it immediately and consult with your clinician
- This device is not a toy and should not be used by children unless under the supervision of a qualified clinician
- This device is intended to be used as part of EMDR therapy, it is not designed or intended for any other purpose

Legal Disclaimer:

This product is not a medical device and should be used under the supervision of a trained medical professional.

WEEE Compliance Statement:

Bilateral Base Tactile Tappers comply with UK WEEE Regulations (WEE/AU6571VA). Dispose of responsibly at designated collection points. Help conserve resources and protect the environment.



Tactile Quick Start Guide (For Therapists):

The below steps will enable you to quickly get your Tactile Tappers set up and ready to use for an in-person session.

For information on using the Tactile Tappers with online clients and advanced in-person configurations, go to bilateralbase.com/tactileguide

- Connect the Tappers to your Windows-PC, Mac or Android device using the supplied cable
- Go to your 'Practice Manager' (bilateralbase.com/pm)
- Select 'Start Session -> In-Person -> Tactile
- Click 'Connect Tactile Tappers' (The first time the Tappers are connected, a window will appear showing an option labelled 'BilateralBase USB Tactile' select this, then click 'Connect' at the bottom of the window.)
- The Tactile Tappers will vibrate a few times to indicate that they are connected and ready to use.

Full user guide available at bilateralbase.com/tactileguide

Tactile Setup Guide (For Clients):

- Connect the Tactile Tappers to your Windows-PC, Mac or Android device using the supplied cable
- Open your session link (provided by your therapist) and complete the steps for webcam and audio setup
- Once you have completed setup and have reached the session screen, select 'More Options' at the bottom right of your screen. This can be done before or during your session.
- Select 'Connect BLS devices'
- Select 'Connect Tactile Tappers' (The first time the Tappers are connected, a window will appear showing an option called 'BilateralBase USB Tactile' select this, then click 'Connect'.)
- The Tactile Tappers will vibrate to indicate that they are connected and ready to use
- Select 'Close' at the top of the 'Connect BLS Devices' Panel
- Your therapist will now be able to remotely control the Tactile Tappers during your session
- At the end of the session simply unplug the Tappers from your device

Full user guide available at bilateralbase.com/tactileguide